

**Value Based Commissioning
(VBC) for Psychosis
UKRCOM
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Why we are doing this

If you have SMI you are 2-3x more likely to develop diabetes or COPD

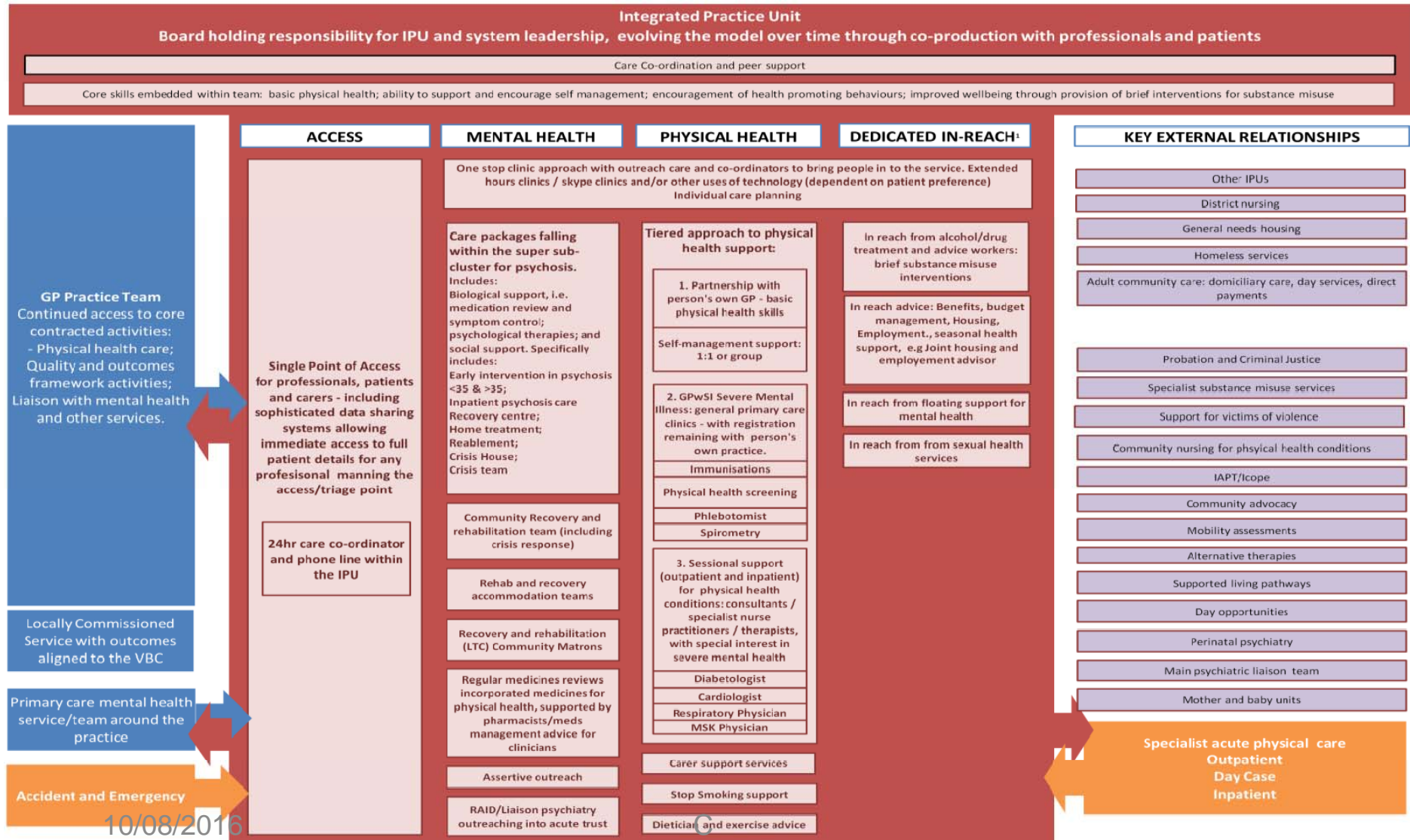
It is likely that you will die 15-25 years younger than the general population

Prevalence

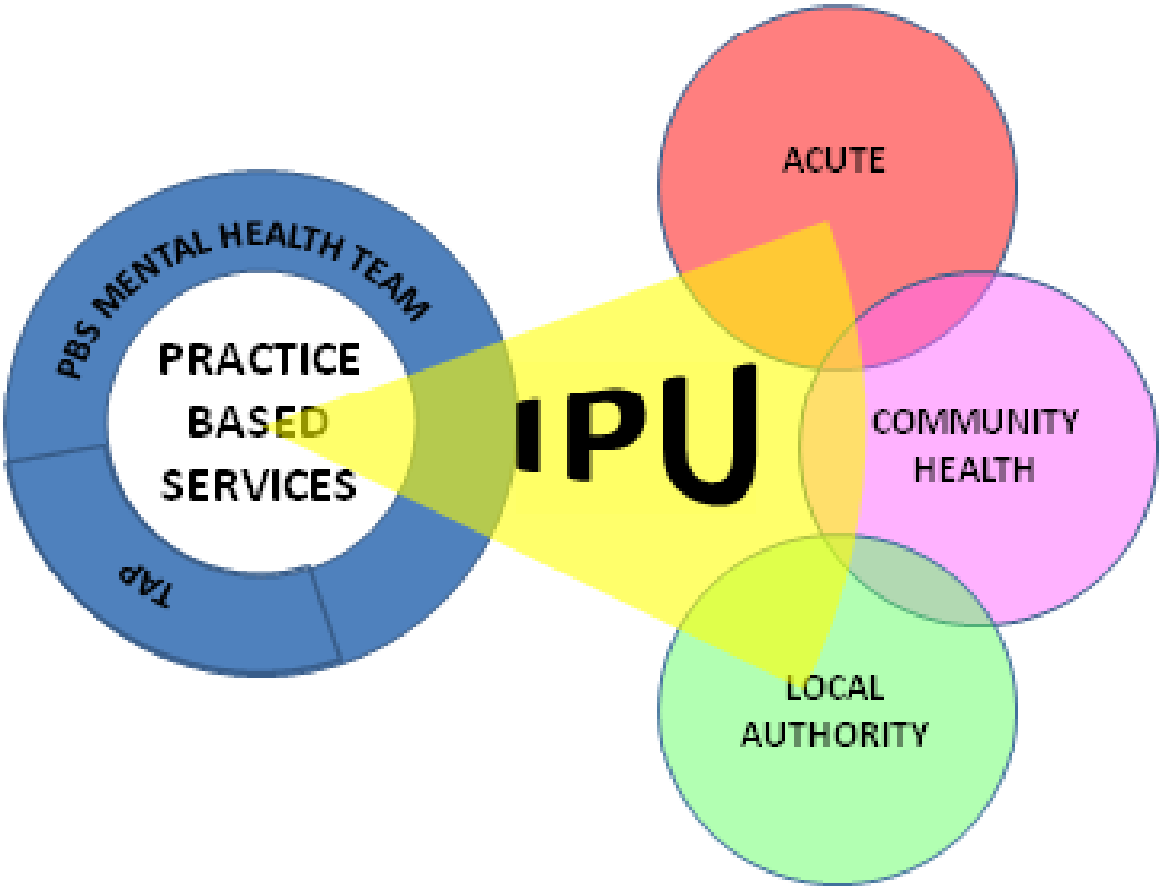
Schizophrenia and Physical Health

- Prevalence of type 2 diabetes is 2-3 times higher for people with schizophrenia than in the general population.
- People with schizophrenia who develop cancer are three times more likely to die than those in the general population with cancer.
- People with severe mental illness are twice as likely to die from heart disease as the general population.
- 61% of people with schizophrenia smoke, compared with 33% of the general population.
- Not just more likely to smoke – smoke more heavily
- People with mental illnesses consume 40% of all cigarettes smoked in the UK.

Who's in?



Practice Based Services



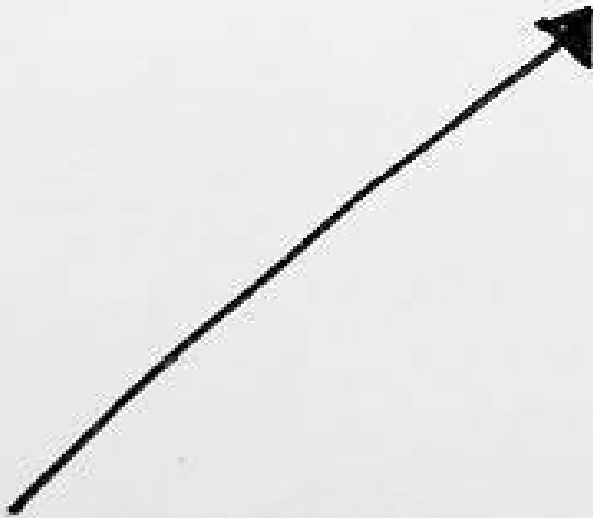
What is an IPU?

An integrated Practice Unit is a care delivery structure with a clearly defined set of characteristics which enables true integration of services across whole care pathways for a group of people with similar needs.

However....better conceived as a pathway than a unit

RECOVERY

Expectations



Reality



Development process

- 2 Year, multi-agency workshops
- Full engagement from acute and community trusts
- Service user and carer groups and charities
- Assurance process for C&I including submission and interview

What's the plan?

Camden and Islington **NHS**
NHS Foundation Trust



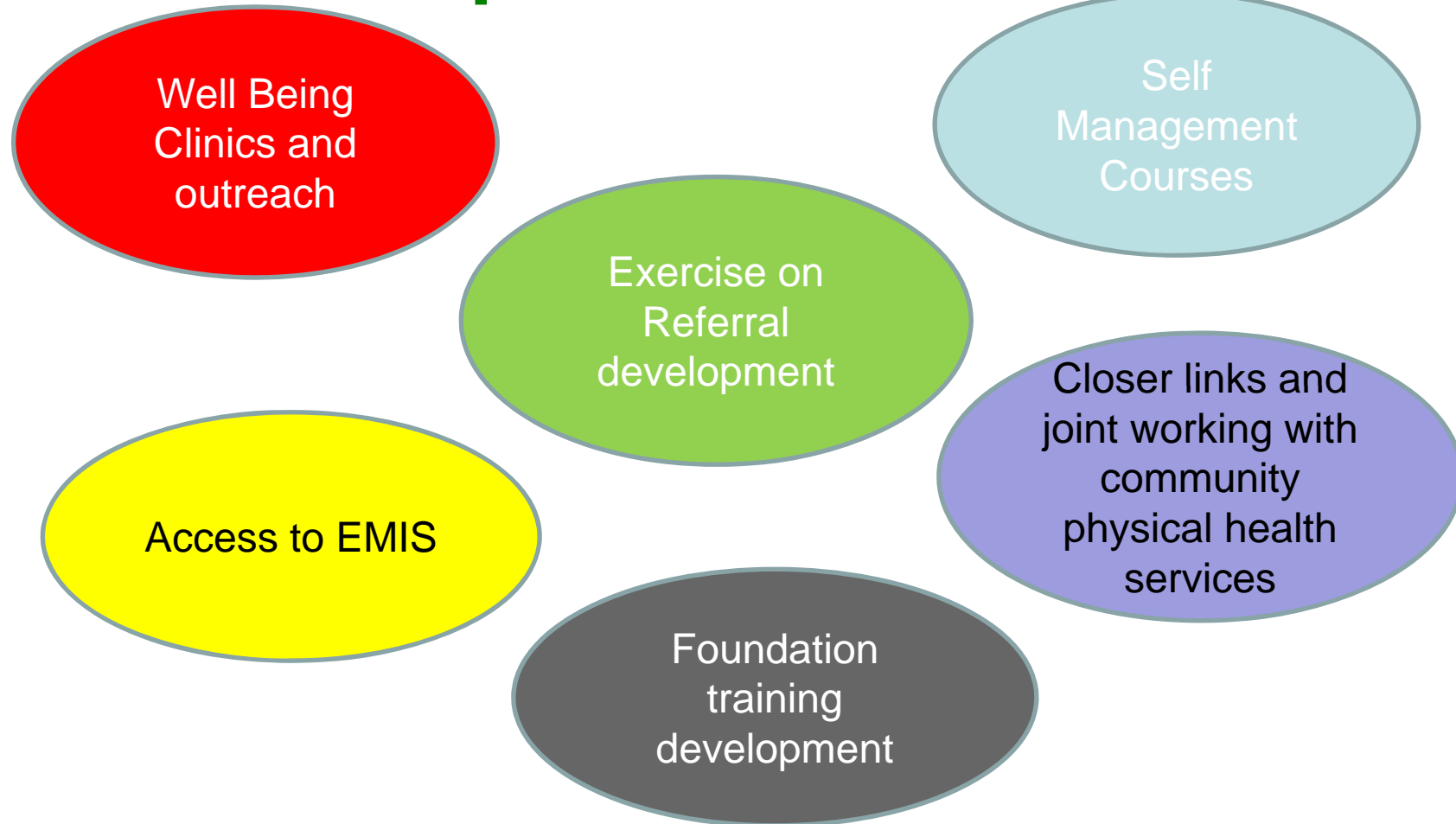
Your partner in
care & improvement 

Early successes

- Delivering wellbeing clinics in psychosis teams
- Evaluated the HMHC physical health clinic and planning a St Pancras version
- Delivered a long term conditions screening tool and COPD care plan
- Established physical health matrons in Islington
- Planning similar roles with Camden
- Evaluated ASCOT and established a smoking cessation plan

- Developed SMS screening tool and engaged Nursing Directorate to deliver foundation training programme
- Attending various CH MDTs and clinics to scope the need for joint work
- Plans for shared clinics with respiratory physicians in Whittington
- Established a co-production group to ensure service users are involved in design and delivery

Small Steps



Milestones

3 Months

- Full communications exercise with SUs and all GPs
- Governance structures and systems developed
- First performance reports received
- SMI register patients for C&I involvement agreed with GPs

6 Months

- PROMs questionnaire circulated and returned
- Physical health clinic established at St Pancras
- Evaluation of smoking cessation impact
- Primary care and complex care person facing teams (MDTs) established

Milestones

9 months

- Shared community clinics established in both boroughs
- Urgent care arrangements established, including A&E

Clinically reported outcome measures (CROMs)

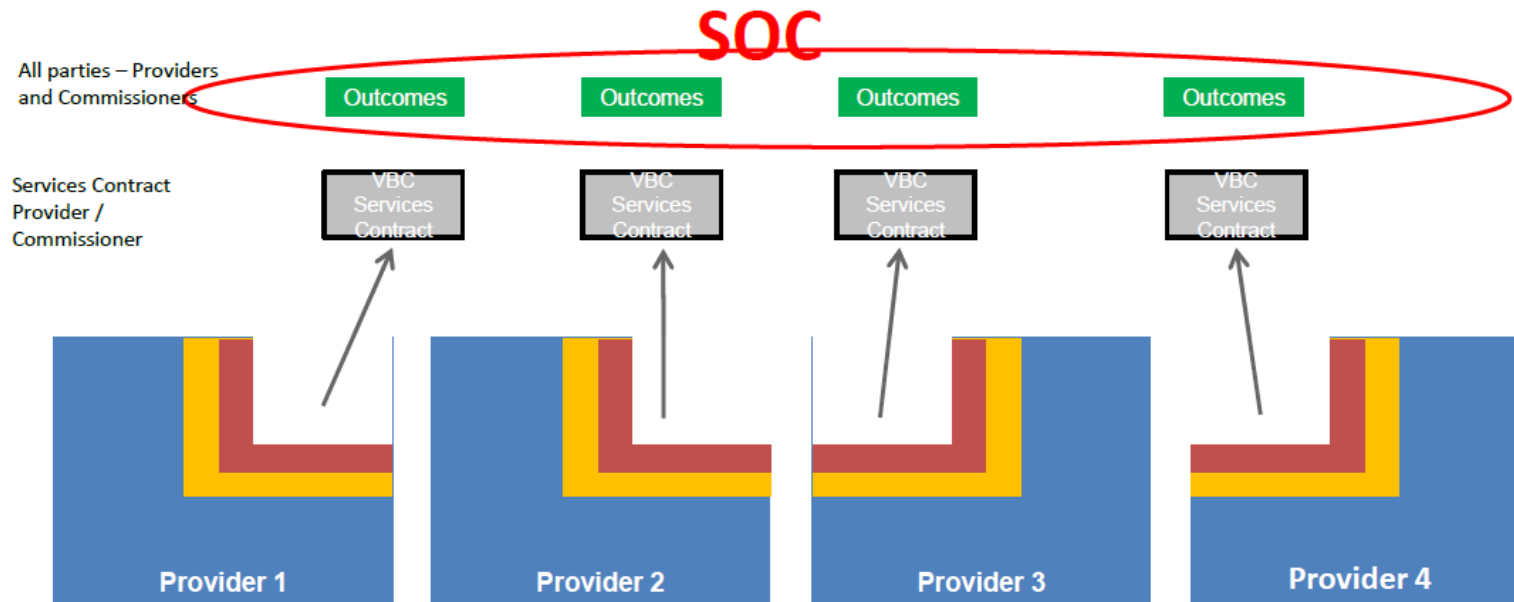
- Premature death – two measures, one on closing the gap and one on years lost
- Suicide rate – reduction in 20% over 5 years
- Smoking – 1-2% reduction in this group year on year
- Diabetes – two measures, one on control of diabetes and one on prevalence
- COPD – two measures, one on rate at which we can measure and detect illness and one on days spent in hospital

PROMs

In addition to the clinical measures, once a year we will ask service users to complete a questionnaire. The questions are designed to understand better how people experience their care and will include:

- Their quality of life
- Self-management
- Accessing services
- Being treated with dignity and respect
- Whether they feel they have a say in their care plan

Contracting for Psychosis



- The VBC element (grey area) will be removed from the main clinical services contract and will be contracted for via a separate standalone “NHS Standard Contract VBC Services”
- The outcomes element (green area) will be removed from the main clinical services contract and will sit under the Single Overarching Contract (SOC) for VBC Outcomes which is signed by all parties and held by the lead provider
- For the psychosis project, each Provider will sign:
 - The Single Overarching Contract (SOC) for VBC Outcomes
 - An individual NHS Standard Contract VBC Services

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